**CI and CD** stand for continuous integration and continuous delivery/continuous deployment. In very simple terms, **CI** is a modern software development practice in which incremental code changes are made frequently and reliably.

The **goal** of the **continuous integration** and **continuous delivery** (**CI**/**CD**) **pipeline** is to enable teams to release a constant flow of software updates into production to quicken release cycles, lower costs, and reduce the risks associated with development.

Simply put, **CI** is the process of integrating code into a mainline code base. ... **CD** is about the processes that have to happen after code is integrated for app changes to be delivered to users. Those processes involving testing, staging and deploying code